

# OPK swim team **LOCK-IN 2017**

- WHEN** Friday, June 9<sup>th</sup> @ 8pm
- WHO** MEMBERS of the swim team  
 9&unders: invited to stay until 10pm Friday  
 10&ups: invited to stay the night until 8am Saturday
- COST** \$5 if staying until 10pm  
 \$10 if staying until 8am
- BRING** Everyone: swimsuit, towel, appropriate CDs  
 Overnigheters: change of clothes, sleeping bag & pillow, toothbrush, extra towel  
**DO NOT BRING:** silly string, inappropriate CDs, lions and tigers and bears, oh my!
- FOOD** We will provide snacks and drinks for everyone.  
 We will provide breakfast for overnigheters.  
 Feel free to bring food to share!
- FUN** Water balloon toss, penny dive, human knot, diving board contests, great music, synchronized swimming contest, and more!
- DETAILS** Coaches and a chaperone will be present.  
 Doors and gates will be locked at 11pm for safety.  
 Parents please be present with your child(ren) at drop-off if possible.  
 Parents please complete CONSENT FORM (below) to bring to lock-in with \$.

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## PARENTAL CONSENT FORM | Swim and Tennis Teams Lock- In 2017

SWIMMER NAMES	Age	Staying Until	Cost (circle)
_____	_____	10 pm / 8am	\$5.00 / \$10.00
_____	_____	10 pm / 8am	\$5.00 / \$10.00
_____	_____	10 pm / 8am	\$5.00 / \$10.00
		<b>TOTAL COST</b>	_____

EMERGENCY CONTACT NAMES	Home #:	Cell #:	Relation
_____	_____	_____	_____
_____	_____	_____	_____

**HEALTH CONCERNS / ALLERGIES / MEDICAL NOTES**

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*My child(ren), listed above, may attend the Oak Park swim team lock-in on Friday, June 9th.*

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_